



Precautions

1. For external use only. Seek medical help immediately if ingested accidentally.
2. Avoid contact with eyes. If the solution accidentally gets in your eyes, wash it off immediately with plenty of water and seek medical help if necessary.
3. Wear disposable gloves when applying the solution to prevent irritation.
4. Use the medication as directed by your doctor.
5. Promptly inform your doctor if you experience any unusual discomfort (burning or irritation).
6. Store the solution away from children.
7. Store the solution away from heat sources as it may contain flammable ingredients.

Prevention

Avoid close contact with infested individuals, especially head-to-head contact.

Never share personal items (e.g., combs, hats, hair accessories, towels or pillows).

Maintain personal hygiene. Wash your hair, clothes and beddings regularly.

All hats, clothing, pillow cases and bedding used within 48 hours before treatment by the infested person should be washed in hot water ($>60^{\circ}\text{C}$) for at least 10 minutes. For non-washable items, seal them in a plastic bag and store for 2 weeks before use. Use a vacuum to clean furniture and carpet.

This guidance is for reference only.

You should always follow your doctor's instructions.
Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們
For enquiry, please feel free to contact us

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How to use Head Lice Solution

藥劑部
Pharmacy

Head lice

Head lice are tiny parasites that only live on the human scalp. They are commonly found in hair, most often around the hairline behind the ears or near the neck, or occasionally on the eyebrows or beards.

Symptoms

The most common symptom is itchy scalp. Excessive scratching may result in wounds and increase the chance of infection.

Head lice eggs can be found on the root of hair under careful inspection.

They are usually white, yellow, brown or grey, shiny on the surface, oval in shape, attached firmly to the hair shaft; whereas dandruff is dull and thin, and easily falls off.

Transmission

The major transmission is through direct head-to-head contact with infested people and by sharing of personal items such as combs, hats, hair accessories, towels or pillows.

Incubation period

The growth of head lice includes 3 stages: egg, nymph and adult lice. Eggs usually hatch within 7 to 10 days. It then takes 7 to 12 days for the nymph to mature into adult lice. Once matured, head lice reproduce rapidly. Both nymph and adult lice feed on human blood. Adult lice generally live up to 30 days. However, they can only live for 2 days away from the human body.

Proper use of head lice solution

- 1 Shake the bottle and apply the head lice solution onto dry hair and scalp, especially to the hair root, back of the neck, sideburns, fringe and back of your ears. Avoid contact with eyes.
- 2 After applying the solution, allow your hair to air dry. Leave it on for 8 to 12 hours.
(Please refer to the recommended duration for specific products.)



- 3 Wash your hair thoroughly with normal shampoo afterwards.



- 4 Comb your hair thoroughly in small sections using a fine comb when it is still wet to remove all lice and eggs.

- 5 You may be advised to repeat the application. If you discover any head lice again, consult your doctor as soon as possible.

